

Schuylkill YMCA

Open Gym Schedule

May 11th-17th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM	Open Gym 5:30 am- 8:30 pm	Open Gym 5:30 am- 4:00 pm	Open Gym 5:30 am- 7:00 pm	Open Gym 5:30 am- 8:30 pm	Open Gym 5:30 am- 7:30 pm		
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM		Kid & Play Yoga 4:00-7:00 pm					
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM		Open Gym 7:00- 8:30 pm	Tai Chi 7:00-8:30pm				
8:00 PM							
8:30 PM							

Blocks that are highlighted are for registered participants only. No one else is permitted in the gym during those times.

All non-members must show a form of ID.