

# Schuylkill YMCA

|          | Monday                       | Tuesday    | Wednesday                         | Thursday                     | Friday                      | Saturday                          | Sunday                       |
|----------|------------------------------|------------|-----------------------------------|------------------------------|-----------------------------|-----------------------------------|------------------------------|
| 6 am     |                              |            |                                   |                              |                             | CLOSED                            |                              |
| 7 am     |                              |            |                                   |                              |                             |                                   | CLOSED                       |
| 8 am     |                              |            |                                   |                              |                             |                                   |                              |
| 9 am     |                              |            |                                   |                              |                             | Open Gym<br>7:00am - 11:30am      |                              |
| 9:15 am  |                              |            |                                   |                              |                             |                                   |                              |
| 9:30 am  |                              |            |                                   |                              |                             |                                   |                              |
| 9:45 am  |                              |            |                                   |                              |                             |                                   |                              |
| 10 am    |                              |            |                                   |                              |                             |                                   |                              |
| 10:15 am |                              |            |                                   |                              |                             |                                   |                              |
| 10:30 am |                              |            |                                   |                              |                             |                                   |                              |
| 10:45 am |                              |            |                                   |                              |                             |                                   |                              |
| 11 am    | Open Gym<br>5:30am - 3:00pm  |            |                                   | Open Gym<br>5:30am - 2:30pm  |                             |                                   | Open Gym<br>10:00am - 1:30pm |
| 11:15 am |                              |            |                                   |                              |                             |                                   |                              |
| 11:30 am |                              |            |                                   |                              |                             |                                   |                              |
| 11:45 am |                              |            |                                   |                              |                             |                                   |                              |
| 12 pm    |                              |            | Open Gym<br>5:30am - 4:45pm       |                              |                             |                                   |                              |
| 12:15 pm |                              |            |                                   |                              |                             |                                   |                              |
| 12:30 pm |                              |            |                                   |                              |                             |                                   |                              |
| 12:45 pm |                              |            |                                   |                              |                             |                                   |                              |
| 1 pm     |                              |            |                                   |                              |                             |                                   |                              |
| 1:15 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 1:30 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 1:45 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 2 pm     |                              | Gymnastics |                                   |                              | Open Gym<br>5:30am - 7:30pm | Birthday Party<br>11:30am - Close | Gymnastics<br>1:30pm - Close |
| 2:15 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 2:30 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 2:45 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 3 pm     |                              |            |                                   |                              |                             |                                   |                              |
| 3:15 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 3:30 pm  | Gymnastics<br>3:00pm - Close |            |                                   |                              |                             |                                   |                              |
| 3:45 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 4 pm     |                              |            |                                   |                              |                             |                                   |                              |
| 4:15 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 4:30 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 4:45 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 5 pm     |                              |            | Sports Variety<br>4:45pm - 7:30pm | Gymnastics<br>2:30pm - Close |                             |                                   |                              |
| 5:15 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 5:30 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 5:45 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 6 pm     |                              |            |                                   |                              |                             |                                   |                              |
| 6:15 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 6:30 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 6:45 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 7 pm     |                              |            |                                   |                              |                             |                                   |                              |
| 7:15 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 7:30 pm  |                              |            | Open Gym<br>7:30pm - 8:30pm       |                              |                             |                                   |                              |
| 7:45 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 8 pm     |                              |            |                                   |                              | CLOSED                      |                                   |                              |
| 8:15 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 8:30 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 8:45 pm  |                              |            |                                   |                              |                             |                                   |                              |
| 9 pm     |                              |            |                                   |                              |                             |                                   |                              |

Blocks that are highlighted are for registered participants only. No one else is permitted in the gym during those times.

All non-members must show a form of ID.