



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FRIDAY NIGHTS ARE HAPPY NIGHTS

Happy Hour SCHUYLKILL YMCA

Start your weekend with a Friday Happy Hour workout! Get rid of your “end of the week” stress with some aerobic training and resistance training.

- Register at front desk or by phone
- FREE for members; \$5 for non-members

WHEN: Friday
TIME: 5:15 to 6:15 PM
LOCATION: SCHUYLKILL YMCA
520 N. Centre St.
Pottsville, PA 17901
570 622 7850

